

BLACK DIAMOND



MIDDLE SCHOOL PREP **CHEER CAMP**



DATES: July 10-12

COST: \$30

AGES: 5th-8th

TIME: 9 am to Noon

DETAILS

Students from the 5th through the 8th grade will learn basic cheerleading skills to prepare them for tryouts or Middle School Cheer: Motions, voice control, jump technique, stunt technique, and dance. Instructors, featuring Julie Edwards former Bacone Cheer Coach, are AACCA certified and will abide by the AACCA rules and regulations.

Camp will be located in the Sallisaw Middle School gym. Wear shorts, t-shirt, and tennis shoes. Have your hair in a ponytail, and leave all jewelry at home. Bottled water only, and any snacks are allowed in the commons area only.

Cheerleader's Name _____ **Grade** _____ (17-18)

Parent Signature _____ **Phone** _____

**By signing above, I agree that I will not hold Sallisaw Public Schools, their coaches or staff liable for any illness or injuries that may occur while attending camp.*

Amount Enclosed: \$ _____

**Make checks payable to Sallisaw Public Schools.*